

Curriculum Vitae

Ruddy, B.Sc., ND
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Middleton, WI 53562
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Clinical Experience

	Hours	
2007-2009	800	General Naturopathic Clinical Rotations Southwest Naturopathic Medical Center Scottsdale, AZ Dr. Christine Girard, ND Chief Medical Officer
2007-2009	200+	Homeopathic Clinical Rotations Southwest Naturopathic Medical Center Scottsdale, AZ Dr. Stephen Messer, NMD, DHANP
2007-2009	200+	Mind-Body Clinical Rotations Southwest Naturopathic Medical Center Scottsdale, AZ Dr. Katherine Raymer, MD, NMD
2007-2009	240	Offsite Clinical Rotations Naturopathic Family Clinic Janesville, WI Dr. Jill Evenson, ND Dr. Allison Becker, ND, Lac Dr. Aaron Henkel, ND

Administrative/Business Experience

2004-2005	Lab Manager General managerial and office duties ChimeRx (parent company: MBR, Inc) Madison, WI
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Professional Positions Held

2003-2005	Research Assistant and Technician Recombinant genomic research ChimeRx Madison, WI
2001-2003	Protein Chemist DNA/Protein Synthesis and Purification, Process Scale-up and Optimization MBR, Inc. Milwaukee, WI

Teaching/Lecturing Experience

2006-2007 Teaching Assistant for Physiology, Endocrinology and Botanical Medicine (SCNM)
2004-Present Certified Bikram Yoga Instructor (training in Los Angeles, CA)
2002 Brown Deer Middle School math & science tutor (Milwaukee, WI)

Continuing Education

2011 Restorative Medicine Conference
Association for the Advancement of Restorative Medicine
Portland, OR

2010 Natural Medicine Workshop - Advanced ND Education
American College for Advancement in Medicine
Las Vegas, NV

2010 Primary Care Cardiology Update Seminar
St. Mary's Hospital
Madison, WI

2010 Annual WNPA Continuing Education Seminars
Wisconsin Naturopathic Physicians Association
Madison, WI

2008 Botanical Medicine Therapeutics
Eric Yarnell, ND
Southwest College of Naturopathic Medicine
Tempe, AZ

2008 Merging Medicine Conference IV
Treating Autoimmune Disease Using Naturopathic Principles
California Naturopathic Doctors Association
San Francisco, CA

2008 RADAR Intensive Training
Kim Elia (Homeopathy)
Southwest College of Naturopathic Medicine
Tempe, AZ

2005-2008 Annual WNPA Continuing Education Seminars
Wisconsin Naturopathic Physicians Association
Madison, WI

2005 AzNMA Semiannual Conference
Southwest College of Naturopathic Medicine
Tempe, AZ

2005 Neuroendocrinology in Clinical Practice
Dr. Bradley Bush
Wisconsin Naturopathic Physicians Association
Madison, WI

Research Projects

2003 Protein Chemist, ChimeRx, Madison, WI
Molecular Biology Research: recombinant DNA assembly, cloning strategy, native or recombinant protein expression via prokaryotic cells, and protein purification. Assistant/technician to Research Director.

1999 Undergraduate Lab Assistant, University of Wisconsin – Madison
Biomedical Engineering Dept., Prof. R. Murphy's Lab
Solid-phase peptide synthesis and purification by HPLC (for use in research of beta-Amyloid's aggregation and toxicity).

Education

2005-2009 Doctor of Naturopathic Medicine
Southwest College of Naturopathic Medicine
Tempe, AZ

1997-2001 Bachelor of Science in Chemical Engineering
University of Wisconsin – Madison
Madison, WI

1996-1997 Indiana Institute of Technology
Fort Wayne, IN

Professional Affiliations

2005-Present American Association of Naturopathic Physicians
2005-Present Wisconsin Naturopathic Physicians Association

Certifications

2011 Physician Certification in Restorative Medicine
Association for the Advancement of Restorative Medicine
Montpelier, VT

2007 Competent Communicator
Toastmasters International
Tempe, AZ

Community Services

2006, 2005 Student Volunteer for Red Ball gala (Sage Foundation for Health)

Elected Positions

2010-Present Secretary, Wisconsin Naturopathic Physicians Association
2007-2008 Vice President, The Naturopathic Society
2006-2007 Vice President of Public Relations, Toastmasters Club
2006-2007 Secretary, Toastmasters Club

Grants, Awards, Honors, and Scholarships

2006, 2005 Dean's List, Southwest College of Naturopathic Medicine
1997, 1996 Dean's List, Indiana Institute of Technology

Languages English, Indonesian, Fujian/Hokkien (Chinese)